

Local Group Destination Quarantine Station

Located at Sydney's North Head, Q Station (formerly the Quarantine Station) is a large historic site within the Sydney Harbour National Park, five minutes from Manly. Along with the Sydney Opera House, it is listed on the National Estate, recognised for its significance to Australian heritage. From the 1830s to 1984 migrant ships arriving in Sydney with suspected contagious disease stopped inside North Head and off-loaded their passengers and crew into quarantine to protect local residents from becoming sick.

The former Quarantine Station re-opened its doors as **Q Station** on ANZAC Day, April 2008. Set on 30 spectacular hectares, located at Sydney's North Head near Manly, **Q Station** offers a unique blend of serenity and relaxation, situated only 30mins from the heart of Sydney's CBD.

Q Station has the hallmarks of a contemporary resort , **with conference facilities for 150** affording spectacular views of Sydney Harbour; **accommodation** including 75 rooms and six cottages; two restaurants including the **Boilerhouse Restaurant** situated close to the beach; **interactive experiences including Defiance**, a high-technology theatrical production and a 10 room **destination spa** that will open later this year.

Q Station has recently launched Defiance, Set in a stunning location on North Head at the opening to Sydney Harbour, visitors will not only be entertained by *Defiance*, but by the holistic experience that is inevitable at Q Station.

Defiance unveils the extraordinary real stories of men and women who were interned at Quarantine Station near Manly from 1828 until 1984 as the country battled to contain the outbreak of one of mankind's greatest enemies, disease, including Smallpox (1881), Plague (1901) and Spanish Influenza (1919). The production takes place at two locations in the original heritage site, immersing the audience into the experience with a combination of dramatic portrayals and stunning visual and special effects.

Visitors to **Q Station** will be instantly relaxed and on their path to rejuvenation, just by being there. The sweeping harbour views, spectacular sunsets and lull of the sea can't help but calm even the most anxious nerves. **Q Station is the perfect getaway**. Whether you're on your own, with your partner or in a group, various activities such as early morning jogs, kayaking and tranquil bushwalks will keep you entertained. Alternately, those looking for quiet time to soul search can wander the grounds and take company in the local wildlife and marine environment.

Contact

If you are interested in either of these venues as a conference or incentive destination, please contact us at Oneone3 and we can tailor a package and experience to suit your requirements.

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